

## Curriculum Vitae

Yann S. Bouzidi, Ph.D.

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### Academic Education

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| 09.2023 | <b>Ph.D. in Psychology</b> , University of Geneva, Switzerland<br>“On the effortfulness of cognitive conflict and the shielding effects of volitional processes” (advisor: Prof. Guido H. E. Gendolla)  |
| 06.2018 | <b>Master in Psychology</b> , University of Geneva, Switzerland<br>“Le rôle modérateur de la volition sur l'influence de l'humeur dans la mobilisation de l'effort [Moderating role of volition on the impact of mood in effort mobilization]” (advisors: Prof. Guido H. E. Gendolla, Dr. Nicolas Silvestrini); Grade 6 (best possible) |
| 06.2016 | <b>Bachelor in Psychology</b> , University of Geneva, Switzerland   |

### Academic Positions

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| 10.2023 – present | <b>Postdoctoral Researcher</b> , Geneva Motivation Lab, University of Geneva, Switzerland (Prof. Guido H. E. Gendolla)                       |
| 08.2019 – 08.2023 | <b>Teaching Assistant</b> , course: Introduction to the Psychology of religion, University of Geneva, Switzerland (Prof. Pierre-Yves Brandt) |
| 09.2018 – 09.2023 | <b>Research and Teaching Assistant</b> , Geneva Motivation Lab, University of Geneva, Switzerland (Prof. Guido H. E. Gendolla)               |
| 09.2015 – 06.2018 | <b>Student Assistant</b> , Human Behavior Analysis Laboratory, University of Geneva, Switzerland (Dr. Stéphane With)                         |

### Research Interests

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- *Reaction to failure*: impact of dispositional and contextual variables on effort invested after failure experiences
- *Achievement motivation*: consequences on effort-related processes
- *Cognitive conflict*: measurement, affective nature, and consequences on effort-related indices
- *Goal/Action shielding*: volitional perspective including momentary state (personal choice) and dispositional differences (action-state orientation), and moderation on effortful processes

- Interaction between affective-regulation processes and effort
- Cardiovascular psychophysiology

### External Funding

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2024	<b>Research grant</b> from the Foundation Ernst et Lucie Schmidheiny: “Impact of Implicit Theories of Intelligence on Effort After Failure” (CHF 6’536.-)
2022 – 2024	<b>2 Travel grants</b> from the Swiss Society of Humanities and Social Sciences (total amount CHF 2000.-)
2019 – 2025	<b>5 Travel grants</b> from the University of Geneva, Department of Psychology (total amount CHF 5’077.-)
2023 – 2025	<b>2 Travel grants</b> from the Société Académique de Genève (SACAD) [Academic Society of Geneva] (total amount CHF 1780.-)

### Teaching Activities

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09.2023 – present	<b>“Motivation, Affect and Personality Seminar”</b> , occasional replacements, Master level course, University of Geneva
09.2023 – present	<b>“Motivation and Learning: Introduction”</b> , occasional replacements, Bachelor level course, University of Geneva
09.2019 – 08.2023	<b>“Introduction to the Psychology of Religion”</b> , occasional replacements, Bachelor level course, University of Geneva

### Mentoring Activities

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09.2025 – present	Marlène Batista, master thesis “L'effort après un échec: rôle modérateur des buts d'accomplissement” [Effort following failure : the moderating role of achievement goals]
09.2025 – present	Xavier Romicha, master thesis “L'effort après un échec: rôle modérateur des buts d'accomplissement” [Effort following failure : the moderating role of achievement goals]
09.2025 – present	Arthur Ribeiro, master thesis “L'effort après un échec: rôle modérateur des buts d'accomplissement” [Effort following failure : the moderating role of achievement goals]
09.2024 – present	Lorène Brault, master thesis “Impact des théories implicites de l’intelligence sur l’effort après un échec” [Impact of implicit theories of intelligence on effort after failure]
09.2024 – present	Florian Claret, master thesis “Rôle protecteur du choix : mécanisme inhibiteur ?” [Shielding effect of choice: inhibitory mechanism?]

09.2024 – present	Annika Hébert, master thesis “Impact des théories implicites de l’intelligence sur l’effort après un échec” [Impact of implicit theories of intelligence on effort after failure]
02.2025 – 09.2025	Alan Sutter, research internship “Impact des théories implicites de l’intelligence sur l’effort : distinguer deux perspectives”
09.2023 – 09.2025	Bruno Vergas Duarte, master thesis “Impact des théories implicites de l’intelligence sur les comportements de symbolisation du soi” [Impact of implicit theories of intelligence on self-symbolization]
09.2023 – 06.2025	Marie Decanini, master thesis “Impact des théories implicites de l’intelligence sur les comportements de symbolisation du soi” [Impact of implicit theories of intelligence on self-symbolization]
05.2020 – 02.2021	Cyril Petignat, research internship (in co-supervision with Prof. Gendolla) “Does high-level cognitive conflict impact resources mobilization?”
09.2018 – present	Supervision of 11 student assistants involved in data collection

### Ad hoc Reviewer

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- *Current Issues in Personality Psychology (CIPP)*;
- *European Journal of Psychological Assessment (EJPA)*;
- *Journal of Gerontology: Psychological Sciences (JGPS)*;
- *Motivation and Emotion (MOEM)*;
- *Motivation Science (MOT)*;
- *Peer Community in Registered Reports (PCI-RR)*

### Other Experiences

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01.2023 – 06.2023	<b>Local Organizing Committee Member</b> , World Congress of Psychophysiology 2023 (IOP), organized from 26 <sup>th</sup> to 29 <sup>th</sup> June 2023, Geneva, Switzerland
08.2019	<b>Summer School</b> , Konstanz International School on Motivation Science (Kis Mos), University of Konstanz, Germany Talk: <i>Volitional processes moderate the impact of cognitive conflict on effort</i>
11.2014 – 06.2016	<b>Research Internship</b> , Geneva Motivation Lab, University of Geneva, Switzerland “Impact du style d’attachement sur la performance cognitive [Impact of the attachment style on cognitive performance]” (advisors: Prof. Guido H. E. Gendolla, Dr. Nicolas Silvestrini, Dr. Michael Richter)

## Physiological Measurements Skills

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Cardiovascular reactivity:	Impedance cardiograph, blood pressure, heart rate
Other peripheral measures:	Electrodermal activity

## Languages and Computer Skills

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French and English (notion of Italian)  
MS Office, Statistica, SPSS, RStudio, E-Prime, Inquisit

## Affiliations

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- Association du Corps des Collaborateurs de l'Enseignement et de la Recherche en Psychologie (ACERP, Association of the Mid-Level Faculty Staff of the University of Geneva);
- Association for Psychological Science (APS);
- Conférence Universitaire de Suisse Occidentale (CUSO, University Conference of Western Switzerland);
- Society for Personality and Social Psychology (SPSP);
- Society for Psychophysiological Research (SPR);
- Society for the Science of Motivation (SSM);
- Swiss Center for Affective Sciences (CISA);
- Swiss Psychological Society (SPS)

## Articles in Peer-Reviewed Journals

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**Bouzidi, Y. S., & Gendolla, G. H. E. (2024).** Cognitive conflict does not always mean high effort: Task difficulty's moderating effect on cardiac response. *Psychophysiology*, 61(8), e14580. <https://doi.org/10.1111/psyp.14580>

**Bouzidi, Y. S., & Gendolla, G. H. E. (2023).** Action-orientation shields against primed cognitive conflict effects on effort-related cardiac response. *Psychophysiology*, 60(12), e14407. <https://doi.org/10.1111/psyp.14407>

**Bouzidi, Y. S., & Gendolla, G. H. E. (2023).** Individual differences in action-state orientation moderate task difficulty effects on effort-related cardiac response. *Psychophysiology*, 60(5), e14238. <https://doi.org/10.1111/psyp.14238>

**Bouzidi, Y. S., & Gendolla, G. H. E. (2023).** Is cognitive conflict really effortful? Conflict priming and shielding effects on cardiac response. *Psychophysiology*, 60(2), e14169. <https://doi.org/10.1111/psyp.14169>

**Bouzidi, Y. S., & Gendolla, G. H. E. (2022).** A French version of the action control scale (ACS-Fr): Psychometric properties and predictive power. *Swiss Psychology Open*, 2(1), 1–16. <https://doi.org/10.5334/spo.37>

**Bouzidi, Y. S., Falk, J. R., Chanal, J., & Gendolla, G. H. E. (2022).** Choosing task characteristics oneself justifies effort: A study on cardiac response and the critical role of task difficulty. *Motivation Science*, 8(3), 230–238. <http://dx.doi.org/10.1037/mot0000269>

Gendolla, G. H. E., **Bouzi**, Y. S., Arvaniti, S., Gollwitzer, P. M., & Oettingen, G. (2021). Task choice immunizes against incidental affective influences in volition. *Motivation Science*, 7(3), 229–241. <https://doi.org/10.1037/mot0000225>

## Published Conference Contributions

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**Bouzi**, Y. S., & Gendolla, G. H. E. (2025). The heart responds to failure: First insight for the combined effect of task identity-relevance and individuals' mindset. *International Journal of Psychophysiology*, 213, 27. <https://doi.org/10.1016/j.ijpsycho.2025.112687>

**Bouzi**, Y. S., & Gendolla, G. H. E. (2024). Cognitive conflict is not always effortful: Insights from the cardiovascular system. *Psychophysiology [Supplement]*, 61, S113. <https://doi.org/10.1111/psyp.14692>

**Bouzi**, Y. S., & Gendolla, G. H. E. (2023). Is implicit cognitive conflict really effortful? Insights from studies on effort-related cardiac response. *International Journal of Psychophysiology*, 188, 22. <https://doi.org/10.1016/j.ijpsycho.2023.05.053>

## Symposia Organization

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**Bouzi**, Y. S. (2025, September). *New Perspectives on Self-Regulatory Processes during Goal Pursuit II: Individual Differences*. Symposium chaired at the 18<sup>th</sup> Conference of the Swiss Psychological Society (SPS), Crans-Montana, Switzerland.

**Bouzi**, Y. S., & Gendolla, G. H. E. (2024, May). *Action Control: New Perspectives on Goal Pursuit*. Symposium chaired at the 36<sup>th</sup> Annual Convention of the Association for Psychological Science (APS), San Francisco, CA, USA.

## Congress Contributions

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**Bouzi**, Y. S. (2025, September). *The Heart Responds to Failure: First Insights for the Interaction Between Task Identity-Relevance and Individuals' Mindset*. Talk at the 18<sup>th</sup> Conference of the Swiss Psychological Society (SPS), Crans-Montana, Switzerland.

**Bouzi**, Y. S., & Gendolla, G. H. E. (2024, May). *On the Shielding Effect of Volitional Processes Against Cognitive Conflict's Impact on Effort*. Talk at the 36<sup>th</sup> Annual Convention of the Association for Psychological Science (APS), San Francisco, CA, USA.

**Bouzi**, Y. S., & Gendolla, G. H. E. (2024, March). *Conflict Primes and Effort: The Shielding Effects of Volitional Processes*. Talk at the 66<sup>st</sup> Annual Meeting of the General Psychology Section of the German Psychological Society (TeaP), Regensburg, Germany.

**Bouzi**, Y. S., & Gendolla, G. H. E. (2023, June). *Is Implicit Cognitive Conflict Really Effortful? Insights from Studies on Effort-Related Cardiac Response*. Talk at the 21<sup>st</sup> World Congress of Psychophysiology (IOP), Geneva, Switzerland.

Gendolla, G. H. E., **Bouzi**, Y. S., Framorando D., Falk J. R., Gollwitzer P. M., & Oettingen G. (2023, May). *Task Choice Shields Against Implicit Affective Impact on Effort*. Talk at the 35<sup>th</sup> Annual Convention of the Association for Psychological Science (APS), Washington, USA.

Gendolla, G. H. E., & **Bouzidi, Y. S.** (2023, March). *Primed Cognitive Conflict, Shielding, And Effort-Related Cardiac Response*. Talk at the 2023 International Convention of Psychological Science (ICPS), Brussels, Belgium.

**Bouzidi, Y. S.**, & Gendolla, G. H. E. (2022, September). *Is Cognitive Conflict Really Effortful? Insights from Studies on Effort-Related Cardiac Response*. Talk at the 17<sup>th</sup> Congress of the Swiss Society of Psychology (SSP), Zurich, Switzerland.

Gendolla, G. H. E., & **Bouzidi, Y. S.** (2022, May). *The Power of Choice: Effects on Effort Intensity and Effortful Conflict Adaptation*. Talk at the 14<sup>th</sup> Annual Meeting of the Society for the Science of Motivation (SSM), Chicago, IL, USA.

Gendolla, G. H. E., **Bouzidi, Y. S.**, & Falk, J. R. (2021, October). *Task Choice Immunizes Against Affective Influences on Volition*. Talk at the 40<sup>th</sup> Motivational Psychology Colloquium (MPK), Zurich, Switzerland.

### **Invited Scientific Talk**

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**Bouzidi, Y. S.** (2025, December). *On Individual Differences in Action Control: A Psychophysiological Perspective*. Invited talk at the University of Milano, Italy.

**Bouzidi, Y. S.** (2024, December). *The Role of Action-State Orientation in Moderating Effortful Behavior During Goal Pursuit*. Invited talk at the University of Geneva, Switzerland.

**Bouzidi, Y. S.** (2023, November). *On the effortfulness of cognitive conflict and the shielding effects of volitional processes*. Invited talk at the University of Geneva, Switzerland.

### **Poster Presentations**

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**Bouzidi, Y. S.**, & Gendolla, G. H. E. (2025, October). *Failure-Triggered Cardiac Responses: First Evidence for the Combined Effect of Task Identity-Relevance and Individuals' Mindset*. Poster presented at the 65th Annual Meeting of the Society for Psychophysiological Research (SPR), Montreal, Canada.

**Bouzidi, Y. S.**, & Gendolla, G. H. E. (2025, July). *The Heart Responds to Failure: First Insight for the Combined Effect of Task Identity-Relevance and Individuals' Mindset*. Poster presented at the 22<sup>nd</sup> World Congress of Psychophysiology (IOP), Krakow, Poland.

**Bouzidi, Y. S.**, & Gendolla, G. H. E. (2024, October). *Cognitive Conflict is Not Always Effortful: Insights From the Cardiovascular System*. Poster presented at the 64th Annual Meeting of the Society for Psychophysiological Research (SPR), Praga, Czech Republic.

**Bouzidi, Y. S.**, & Gendolla, G. H. E. (2024, May). *Cognitive Conflict: Challenging the Idea of Its Effortfulness*. Poster presented at the 16<sup>th</sup> Annual Meeting of the Society for the Science of Motivation (SSM), Washington, USA.

**Bouzidi, Y. S.**, Chaillot, A., & Pralong, J. A. (2023, June). *SporThéraPsy: Une Méthode Innovante pour Prévenir le Stress en Entreprise [SporThéraPsy: An Innovative Method for Preventing Stress in the Workplace]*. Poster presented at the Journées Franco-Suisses de Médecine et de Santé au Travail, Lausanne, Switzerland.

**Bouzidi, Y. S., & Gendolla, G. H. E. (2023, May).** *When Action-State Orientation Acts as a Moderator of Cognitive Conflict and Task Difficulty Effects on Effort-Related Cardiac Response.* Poster presented at the 15<sup>th</sup> Annual Meeting of the Society for the Science of Motivation (SSM), Washington, DC, USA.

**Bouzidi, Y. S., & Gendolla, G. H. E. (2023, May).** *Action-State Orientation: A Moderator of Cognitive Conflict and Task Difficulty Effects on Effort-Related Cardiac Response.* Poster presented at the 35<sup>th</sup> Annual Convention of the Association for Psychological Science (APS), Washington, DC, USA.

**Bouzidi, Y. S., & Gendolla, G. H. E. (2023, March).** *Action-State Orientation, Task Difficulty, and Cognitive Conflict Effects on Effort-Related Cardiac Response.* Poster presented at the 2023 International Convention of Psychological Science (ICPS), Brussels, Belgium.

**Bouzidi, Y. S., & Gendolla, G. H. E. (2022, May).** *Personal Choice Moderates Cognitive Conflict's Impact on Effort.* Poster presented at the 14<sup>th</sup> Annual Meeting of the Society for the Science of Motivation (SSM), Chicago, IL, USA.

**Bouzidi, Y. S., & Gendolla, G. H. E. (2022, May).** *Personal Choice Moderates Cognitive Conflict's Impact on Effort-Related Cardiac Response.* Poster presented at the 34<sup>th</sup> Annual Convention of the Association for Psychological Science (APS), Chicago, IL, USA.

**Bouzidi, Y. S., & Gendolla, G. H. E. (2022, February).** *Implicit cognitive conflict's effect on effort-related cardiac response and the moderating role of action-state orientation.* Poster presented at the 2022 SPSP Annual Convention, San Francisco, USA.

**Bouzidi, Y. S., & Gendolla, G. H. E. (2021, October).** *The Moderating Role of Action-State Orientation on Implicit Cognitive Conflict's Effect on Effort-Related Cardiac Response.* Poster presented at the 40<sup>th</sup> Motivational Psychology Colloquium (MPK), Zurich, Switzerland.

**Bouzidi, Y. S., & Gendolla, G. H. E. (2021, May).** *Latent Cognitive Conflict's Impact on Effort-Related Cardiac Response: First Evidence.* Poster presented at the 2021 APS Virtual Convention.

**Bouzidi, Y. S., & Gendolla, G. H. E. (2021, May).** *Impact of Latent Cognitive Conflict on Effort-Related Cardiac Response and the Moderating Role of Action-State Orientation.* Poster presented at the 13<sup>th</sup> Annual Meeting of the Society for the Science of Motivation (Online).

**Bouzidi, Y. S., & Gendolla, G. H. E. (2020, June).** *Stimulus Color Choice Increases Cognitive Control in a Flanker Task.* Poster presented at the APS Virtual Poster Showcase.

**Bouzidi, Y. S., Gendolla, G. H. E., Silvestrini, N., Gollwitzer, P. M., & Oettingen, G. (2019, September).** *Intention Formation Shields Against Mood Effects on Effort Mobilization.* Poster presented at the 16<sup>th</sup> Congress of the Swiss Society of Psychology, Bern, Switzerland.