

CURRICULUM VITAE

Sarah CAIRO NOTARI, PhD

Current position: Senior Lecturer | Research and Teaching Fellow, Clinical Psychology, Faculty of Psychology and Educational Sciences (FPSE), University of Geneva

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Education

2011 – 2016 **PhD in Psychology**, FPSE, University of Geneva, Switzerland
Cairo Notari, S. (2016). *The psychological adjustment of women and partners facing breast cancer* [L'ajustement psychologique de la femme et de son partenaire au cancer du sein]
Supervisor: Prof. Nicolas Favez (UNIGE)
Jury: Prof. Paolo Ghisletta (UNIGE), Prof. Friedrich Stiefel (CHUV-UNIL), Prof. Darius Razavi (ULB)

2006 – 2008 **MSc in Psychology**, SSP, University of Lausanne, Switzerland

2003 – 2006 **BSc in Psychology**, SSP, University of Lausanne, Switzerland

1999 – 2003 **High School Diploma**, Liceo Cantonale di Lugano 2, Switzerland

Language skills

- Italian Native language
- French High proficiency (reading, writing, speaking)
- English Advanced knowledge (reading, writing), intermediate knowledge (speaking)

Present positions

02/2019 – Present **Senior Lecturer** [Chargée de cours] – 10%, Clinical Psychology, Faculty of Psychology and Educational Sciences, University of Geneva

02/2019 – Present **Research and Teaching Fellow** [Maître-assistante] – 35%, Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva

Past positions

03/2023 – 09/2023 Scientific Collaborator [Collaboratrice scientifique], Institute of Higher Education and Research in Healthcare (Prof. Antje Horsch), Faculty of Biology and Medicine, University of Lausanne

01/2022 – 08/2023 Volunteer Scientific Collaborator [Collaboratrice associée bénévole], University Institute of Primary Care (Prof. Marie-Claude Audétat), Faculty of Medicine, University of Geneva

09/2018 – 12/2021 Research and Teaching Fellow [Maître-assistante], University Institute of Primary Care (Prof. Marie-Claude Audétat), Faculty of Medicine, University of Geneva

04/2018 – 06/2018 Visiting Researcher [Chercheuse invitée], Department of Sexology (Prof. Denise Medico), Faculty of Human Sciences, Université du Québec à Montréal, Canada

01/2017 – 02/2018 Research Associate [Adjointe scientifique], University Institute of Primary Care (Prof. Marie-Claude Audétat), Faculty of Medicine, University of Geneva

02/2016 – 01/2019 Postdoctoral Researcher [Assistante post-doctorante], Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva

01/2011 – 01/2016 PhD Candidate [Assistante doctorante – Candoc], Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva

2010 – 2011 Substitute Assistant [Assistante suppléante], Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva

Research Fellow [Chargée de recherche], Centre for Psychotherapy Research (Dr Joëlle Darwiche), University Institute of Psychotherapy, DP-CHUV, University of Lausanne

2009 – 2010 Intern Psychologist [Psychologue stagiaire], Centre for Psychiatric Epidemiology and Psychopathology (Prof. Martin Preisig), DP-CHUV, University of Lausanne

2008 – 2009 Research Fellow [Chargée de recherche], University of Lausanne (Institute of Psychology, Dr Roland Capel) and Swiss Federal Institute of Technology in Zurich (Institute of Integrative Biology, Dr Mathias Wegner)

Intern Psychologist [Psychologue stagiaire], Centre for Family Study (Prof. Nicolas Favez and Dr France Frascarolo), University Institute of Psychotherapy, DP-CHUV, University of Lausanne

Continuing Education

- 11/2023 *Training for clinical investigators and sponsors* (swissethics recognised research ethics and GCP course) [Formation pour investigateurs et promoteurs cliniques reconnue par swissethics], 3-days module (20th, 21st, 27th November 2023), UNIL-CHUV and Unisanté, Lausanne, Switzerland
- 06/2021 *Qualitative approach in clinical research* [Approche qualitative dans la recherche clinique], 3-days module (16th-18th June 2021), Continuing education UNIL-EPFL, Lausanne, Switzerland

Teaching Activities

Undergraduate teaching: Faculty of Psychology and Educational Sciences, University of Geneva

- 2020 – Present Teacher (main responsibility) for the Master's course "Chronic Diseases, Disabilities and Sexuality" (13x2h; 3 ECTS)
- 2019 – Present Teacher (main responsibility) for the Master's course "Clinical Health Psychology: The Chronic Disease Journey" (13x2h; 3 ECTS)
- 2016 Substitute teacher for two modules of the Bachelor's integrative course "Psychological assessment" (2x2h)
- 2012 – 2019 Tutor for the seminar "Problem-based learning" (practical work for Master's students in Clinical Psychology)

Mentoring Activities

Faculty of Psychology and Educational Sciences, University of Geneva

1 PhD thesis currently co-directing

- Thierry Mathieu: *Life after cancer: Conceptualisation and analysis of the transition of people in remission through liminality concept*

4 MSc theses currently directing

- Manon Divorne: *The journey from infibulation to defibulation: A qualitative case study*
- Louise Andrée Nathalie Gourlaouen: *The moderating role of romantic attachment in the relationship between genital self-image and sexual satisfaction in women with lichen sclerosus*
- Florian Marcelo Pittet: *Addressing sexuality in clinical practice: A systematic review of existing empirical studies*
- Ondine Diane Amalia Schleret Laudini: *Addressing sexuality in clinical practice: A systematic review of clinical recommendations*

4 MSc theses directed

- Camille Hélène Mathilde Seiler (2023): *Talk about sexuality in clinical practice: What role do gynaecologists play?*
- Camille Marie Dayen (2023): *Addressing sexuality in clinical practice: A qualitative study on perceived barriers in a Swiss French-speaking gynaecologists' sample*
- Adrien Luc Renato Anex (2022): *Addressing sexuality in clinical practice: A qualitative study on the perceived competencies and comfort of psychotherapists in French-speaking Switzerland*
- Iman Laroui Trabelsi (2022): *Barriers and facilitators in addressing sexuality in psychotherapy*

4 MSc theses co-directed

- Chloé Rolland (2022): *A study of the association between body appreciation and sexual desire by gender: The moderating role of attachment*
- Sarah Sanchez-Mazas (2020): *Couples' sexuality after breast cancer: A longitudinal qualitative study*
- Julie Durantoni (2020): *Expressed Emotion as predictors of subjective caregiver burden in partners of women facing breast cancer*
- Célie Gachet (2019): *Couples facing breast cancer: The role of couple's Expressed Emotion in women's body image disturbance*

3 MSc committee attended

- Sara Copetti (2023): *Social functioning in daily life and feelings of loneliness in a general population and in a population with autism spectrum disorder* (Supervisors: Prof. Maude Schneider & Clémence Feller)
- Léa Claivaz (2023): *The role of We-ness and attachment style in couple satisfaction: Comparison between heterosexual and LGB couples* (Supervisors: Prof. Nicolas Favez & Thierry Mathieu)
- Julie Fradkoff-Birr (2016): *Impact of parental emotional adjustment on psychopathological disorders among children with 22q11.2 deletion syndrome* (Supervisors: Prof. Nicolas Favez & Stephan Eliez)

1 MSc research internship co-supervised

- Tania Antonini (2013, internship report): *Exploring the "Expressed Emotion" concept in couples facing breast cancer*

Faculty of Medicine, University of Geneva

2 MSc theses directed

- Eren Ozsahin (2022): *Which communication barriers do GPs encounter when addressing sexuality during consultations?*
- Constance Bernard de Lavernette (2022): *The role of training in addressing sexuality in general practice: A preliminary qualitative study in French-speaking Switzerland*

2 MSc committee attended

- Sotoudeh Ghasemi & Milena Eloise Solari Moran (2022): *Can a woman who underwent labiaplasty feel as genitally mutilated? A case report* (Supervisor: Dr Jasmine Abdulcadir)
- Ludmilla Margaux Van Delden (2022): *Testosterone and masculinities: history, gender, and hormones* (Supervisor: Dr Francesca Arena)

Certificate of Advanced Studies (CAS) in Clinical Sexology, University of Geneva

1 CAS thesis directed

- Agathe Lambert (2024): *The sexuality of people with intellectual disabilities living in institution: How do the social representations of educational teams' members affect the way they address and respond to this need?*

Invited Speaker

- Cairo Notari, S. (2023, June). *Cancer and sexuality*. Certificate of Applied Clinical Sexology, Catholic University of Louvain, Belgium
- Cairo Notari, S. & Pesenti, M. (2023, February). Facilitation of the workshop "*Reconstructing yourself, reconstructing your life*" with cancer patients, and participation to a roundtable discussion, World Cancer Day, University Hospital of Geneva, Switzerland

- Cairo Notari, S. (2022, June). *Cancer and sexuality*. Certificate of Applied Clinical Sexology, Catholic University of Louvain, Belgium
- Cairo Notari, S. (2022, February). *Disabilities and sexuality*. Certificate of Advanced Studies (CAS) in Clinical Sexology, University of Geneva, Switzerland
- Cairo Notari, S. & Stulz, A. (2017, December). *Somatic diseases and family: the cancer example*. Master of Advanced Studies (MAS) in Clinical Psychology, University of Geneva, Switzerland
- Cairo Notari, S. (2017, November). *Changes in intimate and sexual life during and after cancer care. Results of a study conducted by the University of Geneva in collaboration with the Breast Centre of the CHUV*. 7^{ème} Rencontre romande «Sexualité, fertilité et cancer», Lausanne, Switzerland
- Cairo Notari, S. & Panes-Ruedin, B. (2015, March). *Couples facing breast cancer: the impact of body image disturbance and couple satisfaction on sexuality*. 17^{ème} Congrès suisse des Soins en Oncologie, Bern, Switzerland

Public/Press Presentation

- Cairo Notari, S. (2020, October). *Couples and breast cancer* [Le couple et le cancer du sein]. National television news “Le 12/45”, RTS. http://avisdexperts.ch/experts/sarah_cairo_notari

Awards

- Medical Teacher Poster Prize 2019 – Top 3 posters: Sader, J., Ritz, C., **Cairo Notari, S.**, Fassier, T., Nendaz, M., & Audétat Voirol, M.-C. *Time to investigate the path of clinical reasoning in chronic and multimorbid conditions*. AMEE Annual Conference, 24th-28th August 2019, Vienna, Austria
- Certificate of Excellence for 2nd place at the Early Career Psycho-Oncology Professionals Poster Session 2017: **Cairo Notari, S.**, Notari, L., & Favez, N. *Sexual behaviour in the immediate post-surgery period predicts sexual activity 2 years later in women with non-metastatic breast cancer*. 19th World Congress of Psycho-Oncology (IPOS), 14th-18th August 2017, Berlin, Germany
- Swiss Society of Psycho-Oncology (SGPO/SSPO) Best Poster Award 2015: **Cairo Notari, S.**, Notari, L., Favez, N., Antonini, T., Panes-Ruedin, B., Charvoz, L., & Delaloye, J.-F. *Change in women’s sexual functioning in the early months of breast cancer treatment: A mixed-methods study*. 12th National Symposium of Psycho-oncology, 16th April 2015, Bern, Switzerland
- Faculty Award for academic excellence 2009, Faculty of Social and Political Sciences (SSP), University of Lausanne, Switzerland

Research Grant Support

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| 2023 – 2024 | <i>Life after cancer: Conceptualisation and analysis of the transition of people in remission through the liminality concept</i> (Co-applicant)
Geneva Cancer League: CHF 9’097 |
| 2019 – 2020 | <i>From the struggle against the disease to the return to normal life: stress and adjustment in breast cancer survivors</i> (Co-applicant)
Swiss Cancer League: CHF 58’450 |

- 2018 *Intimate and sexual life following breast cancer: A qualitative study on the experiences of survivors' male partners* (Main applicant)
Swiss National Science Foundation - Scientific Exchanges grant: CHF 10'200
University Funds Maurice Chalumeau: CHF 5'500
- 2015 – 2016 *Women facing breast cancer: Expressed Emotion in the couple relationship as predictor of emotional distress in the postsurgery period* (Co-applicant)
Swiss Cancer League: CHF 101'250

Current Research Projects

Principal investigator

- *Addressing sexuality in clinical practice: A qualitative study on the experiences of general practitioners, gynaecologists, and psychotherapists in French-speaking Switzerland.*
Status: ongoing (data analyses)
- *The moderating impact of attachment on the relationship between genital self-image and sexual desire in women with genital lichen sclerosus*
Status: ongoing (data collection)
- *Understanding the association between body image and sexual functioning from an interpersonal perspective: the role of attachment*
Status: ongoing (data analyses)

Collaborator

- *TEAR project: The psychological impact of a severe perineal tear* (Principal investigators: Prof. Antje Horsch & Dr Chahin Ahtari)
Status: ongoing (data analyses)

Editorial Activities

Ad-hoc reviewer for: *European Journal of Cancer Care; Health Psychology Open; Journal of Health Psychology; Palliative & Supportive Care; Psycho-Oncology*

Grant Reviewer

National Centre of Competence in Research (NCCR) LIVES, International call projects (2020)