

**SUSTAINABLE CONSUMPTION THROUGH  
THE LENS OF PLANETARY BOUNDARIES  
AND HUMAN WELL-BEING:  
A LIVING WELL WITHIN LIMITS APPROACH**



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## OVERVIEW

The challenge of achieving universal human development within planetary boundaries requires careful consideration of (1) the definition of a “good”, happy or decent life; (2) the consumption requirements of well-being; (3) the context surrounding intra- and inter-national inequality, and the political dynamics and social processes that could enable the prioritisation of human well-being alongside limiting consumption within planetary boundaries.

## BIOGRAPHY

Dr. Julia Steinberger is an Associate Professor in Ecological Economics at the University of Leeds. She is the recipient of a Leverhulme Research Leadership Award for her research project «Living Well Within Limits» (<http://lili.leeds.ac.uk>) investigating how universal human well-being might be achieved within planetary boundaries, and a Lead Author for the upcoming Intergovernmental Panel on Climate Change Assessment Report. She is currently a Visiting Professor at the University of Geneva, in the Institute of Governance of the Environment and Territorial Development.



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