

# SHOWCASE OF EDUCATIONAL TOOLS FOR ADOLESCENT SEXUALITY – A WORK IN PROGRESS AT GENEVA UNIVERSITY AND HOSPITALS

Céline Brockmann<sup>1</sup>, Jasmine Abdulcadir<sup>2</sup>, Leen Aerts<sup>6</sup>, Maéva Badré<sup>1</sup>, Julien Da Costa<sup>1</sup>, Romain Dewaele<sup>5</sup>, Caroline Jacot-Descombes<sup>3</sup>, Arnaud Merglen<sup>2</sup>, Gabrielle Richard<sup>4</sup>, Nasteha Salah<sup>2</sup>, Patricia Silveira<sup>1</sup>, Michal Yaron<sup>2</sup>  
<sup>1</sup>Geneva University Medical Center and Bioscope, Geneva, Switzerland. <sup>2</sup>Geneva University Hospitals, Woman child and adolescent, Geneva, Switzerland. <sup>3</sup>SANTE SEXUELLE SUISSE, Lausanne, Lausanne, Switzerland. <sup>4</sup>Université de Paris-Est Créteil, LIRTES laboratory, Paris, France <sup>5</sup>Conservatoire et Jardin Botanique, Geneva, Geneva, Switzerland. <sup>6</sup>Centre Médical de Champel, Geneva, Switzerland.

## WHY AND HOW ?

There are many misconceptions and taboos around sex, gender and sexuality that have a negative impact on sexual health. The Geneva University, Hospitals and SANTE SEXUELLE SUISSE, together with the ministry of education and local NGOs, have developed, since 2017, a scientific and educational program, *Sciences, Sex, Identities*, aiming at reducing sexual illiteracy.

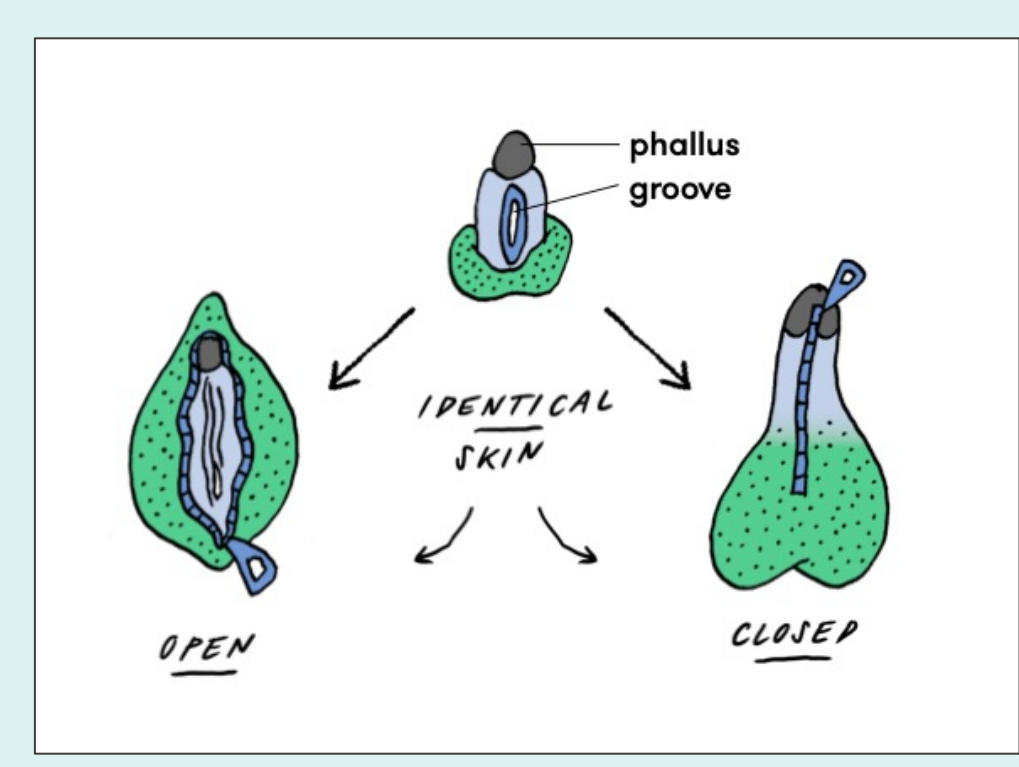
Using interdisciplinary, inclusive, sex-positive and evidence-based information, we have developed and shared trainings and pedagogical tools with medical students, teachers, health professionals, teenagers and their parents, aiming at changing attitudes that lead to sexist and, homo-, bi- and transphobic discrimination.

## ILLUSTRATED BOOKLETS

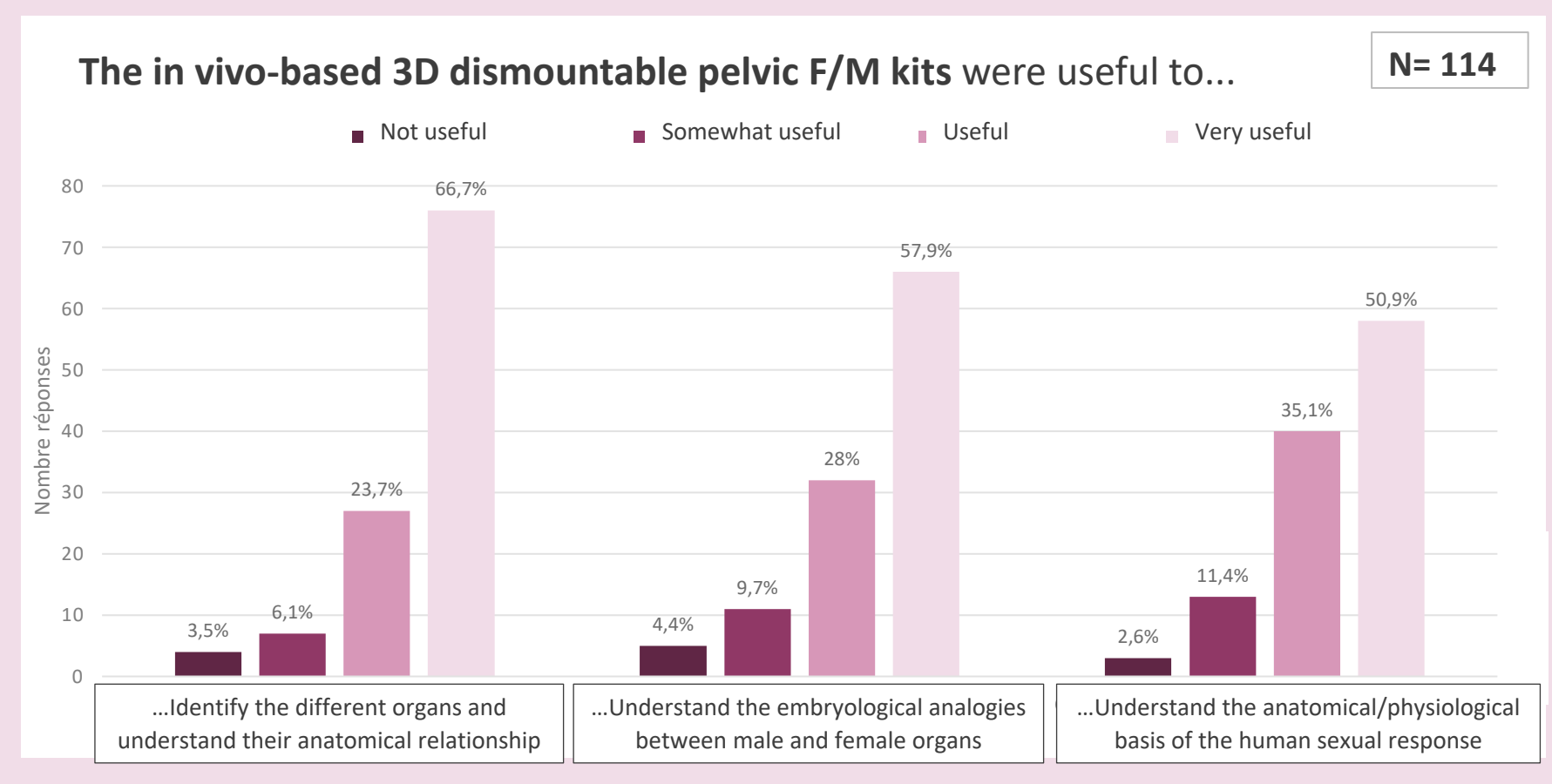
*Me my sex and I* - a sex positive, inclusive and free, illustrated booklet on genital anatomy and diversity, the physiology of the sexual response and consent.



*Sexess* – an informative free booklet on biological sex, sex development, its variations and genital anatomy.



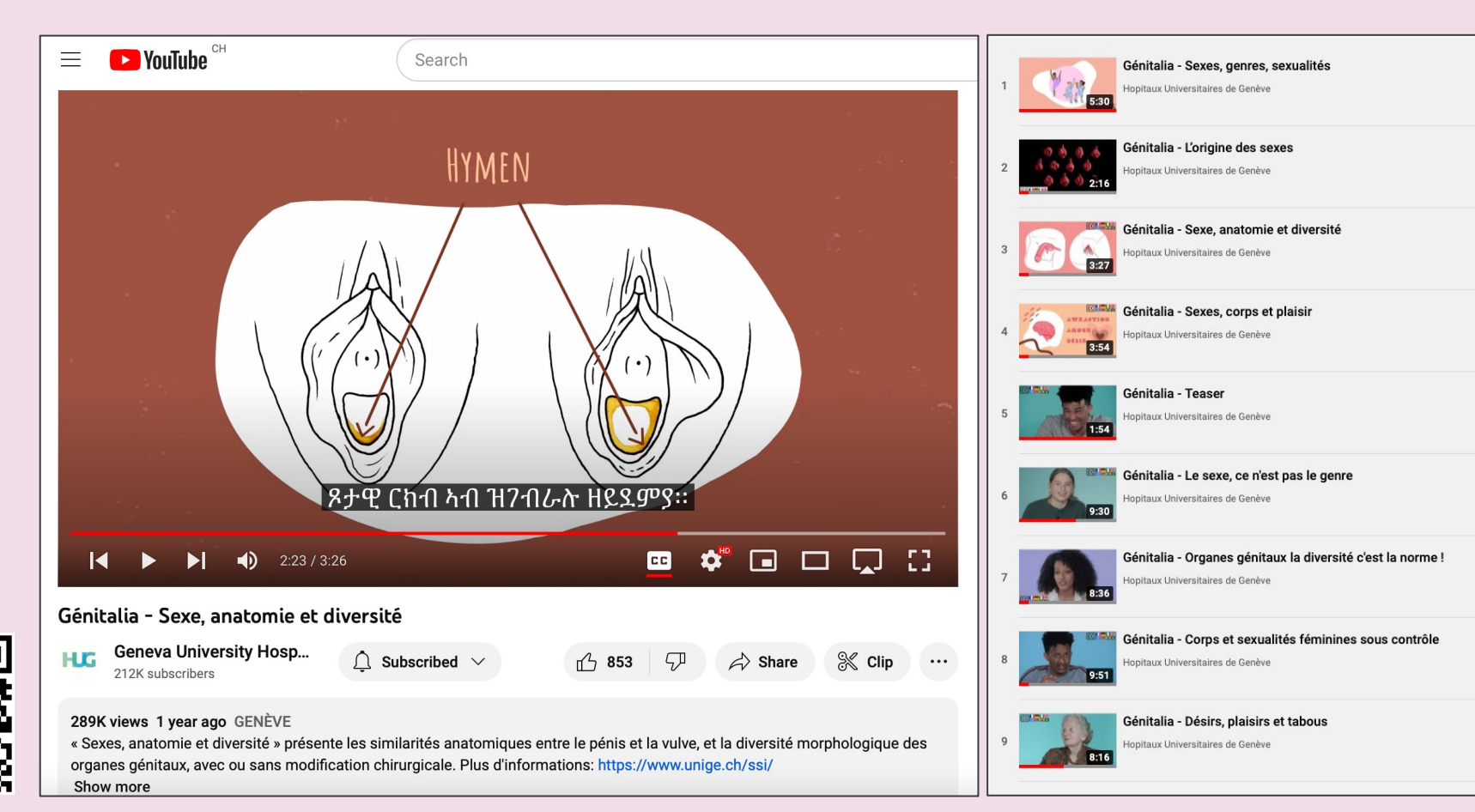
## 3D GENITAL AND PELVIC MODELS



135 2<sup>nd</sup> year medical students filled a questionnaire to evaluate the relevance of using genital molds and *in vivo*-based 3D dismantable kits during their anatomy practicals

## VIDÉOS + E-LEARNING

**Genitalia**  
 This 10 videos series aims to deconstruct myths and taboos on genitala and their impact on practices of genital modifications, whether consented or not.



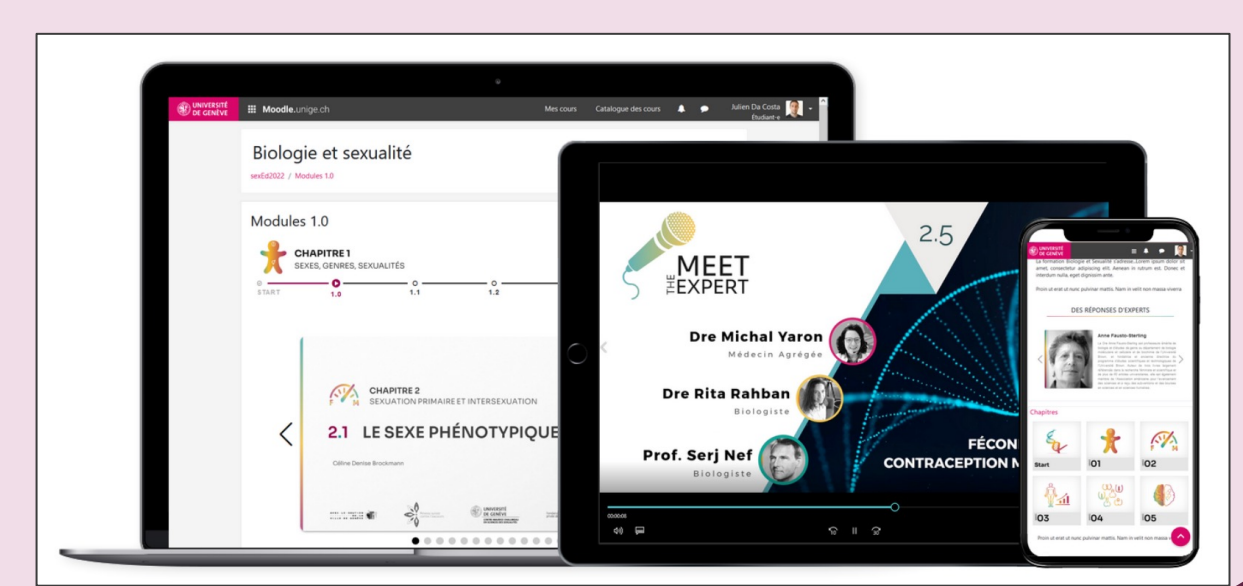
Subtitled in 8 languages

**C'est pas mon genre**  
 This 3 episodes fictional mini serie aims to define and distinguish the concepts related to (biological) sex and gender. They also expose the limitations of a strictly binary vision on these issues.



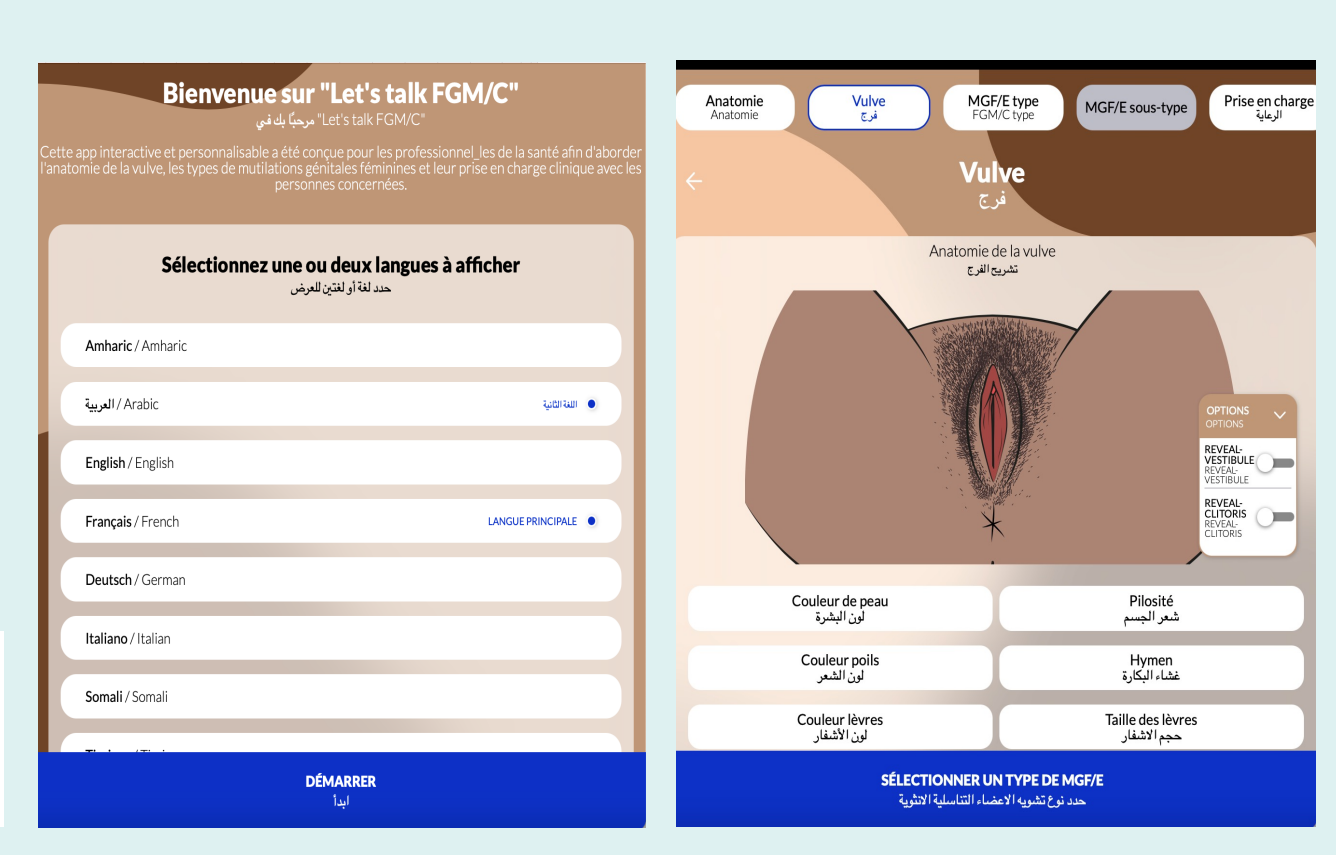
## BIOLOGIE ET SEXUALITÉS

This 5-10h e-learning course (FR) is aimed to provide evidence-based knowledge and competence to secondary and high school biology teachers, sex educators and other health professionals, to be able to address teenagers questions/concerns around sex, gender, orientation and the sexual response.



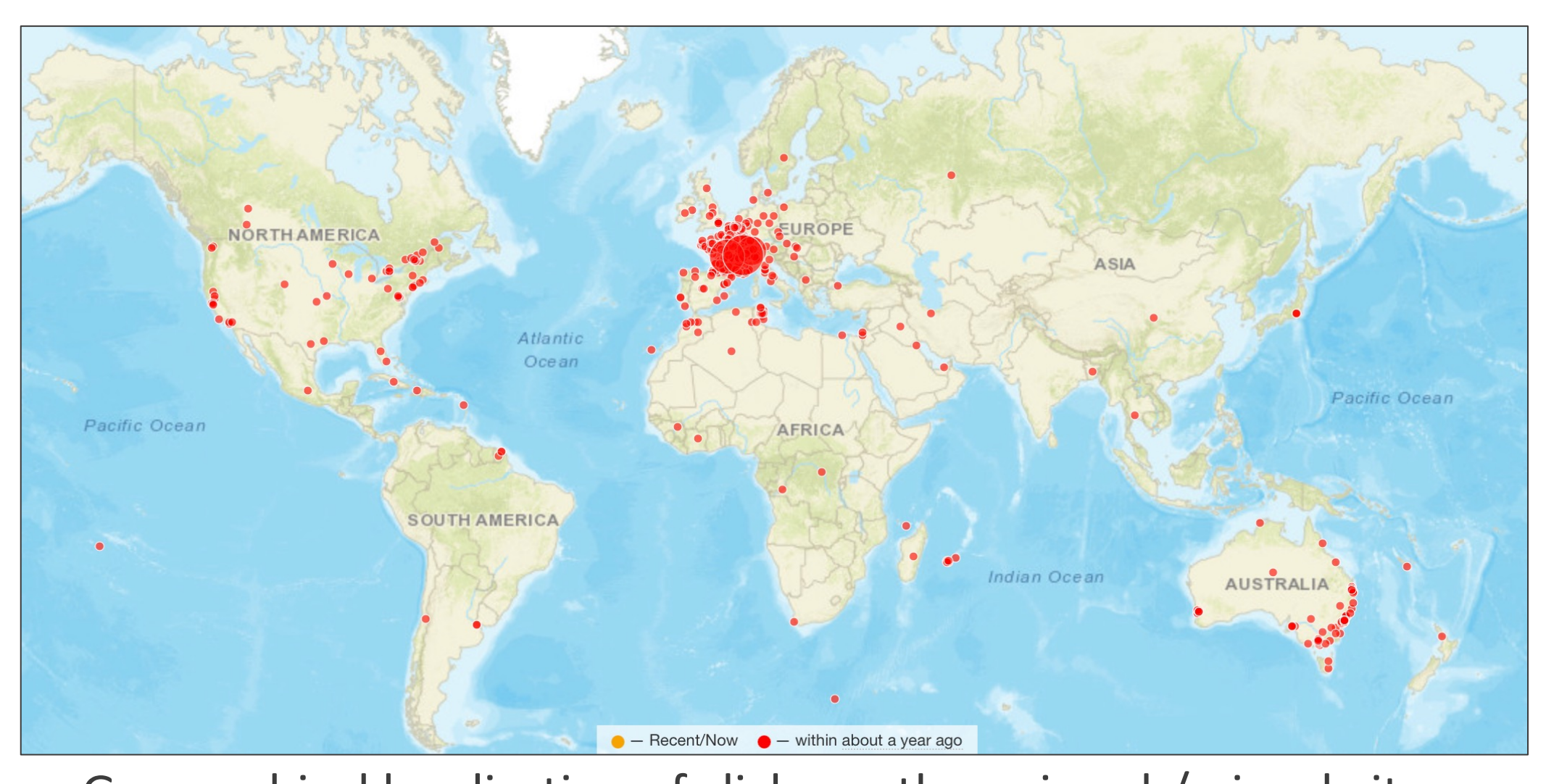
## WEBPAPP LET'S TALK FGM/C

This interactive and customizable app is designed for healthcare professionals, to discuss with their patients, the anatomy of the vulva, types of female genital mutilation/cutting and their clinical management.



## IMPACT

So far, we have reached more than 400K people in several countries. We believe that dissemination of evidence-based sex-positive and inclusive knowledge at a young age can contribute to prevent sexual illiteracy. Thanks to free online access, our tools can help promote sexual health and empower young people to live their sexuality to the fullest and in so, improve their general well-being. Among our next aims are the formal evaluation of our tools.



Geographical localization of clicks on the unige.ch/ssi website